

From Sallekha Sutta 8 Majjhima

(Sallekha means 'effacement', i.e. removal of mental impurity)

1. **Others will be harmful; we shall not be harmful here;**
2. **Others will kill living beings; we shall not kill here;**
3. **Others will steal; we shall not steal here;**
4. **Others will not be celibate; we shall be celibate here;**
5. **Others will lie; we shall not lie here;**
6. **Others will speak divisively; we shall not speak divisively here;**
7. **Others will speak harshly; we shall not speak harshly here;**
8. **Others will indulge in useless speech;
we shall abstain from useless speech here;**
9. **Others will be covetous; we shall not be covetous here;**
10. **Others will have thoughts of ill will; we shall not have ill will here;**
11. **Others will have wrong views; we shall have right view here;**
12. **Others will have wrong intention; we shall have right intention here;**
13. **Others will use wrong speech; we shall use right speech here;**
14. **Others will commit wrong actions; we shall act rightly here;**
15. **Others will have wrong livelihood; we shall have right livelihood here;**
16. **Others will make wrong effort; we shall make right effort here;**
17. **Others will have wrong mindfulness;
we shall have right mindfulness here;**
18. **Others will have wrong concentration;
we shall have right concentration here;**
19. **Others will have wrong knowledge;
we shall have right knowledge here;**
20. **Others will have wrong liberation;
we shall have right liberation here;**

21. **Others will be dull and sluggish;
we shall not be dull and sluggish here;**
22. **Others will be restless; we shall not be restless here;**
23. **Others will be doubters; we shall be free from doubt here;**
24. **Others will be angry; we shall not be angry here;**
25. **Others will be vengeful; we shall not be vengeful here;**
26. **Others will denigrate; we shall not denigrate here;**
27. **Others will be domineering; we shall not be domineering here;**
28. **Others will be envious; we shall not be envious here;**
29. **Others will be jealous; we shall not be jealous here;**
30. **Others will be fraudulent; we shall not be fraudulent here;**
31. **Others will be hypocritical; we shall not be hypocritical here;**
32. **Others will be obstinate; we shall not be obstinate here;**
33. **Others will be arrogant; we shall not be arrogant here;**
34. **Others will be difficult to admonish; we shall be easy to admonish here;**
35. **Others will have bad friends; we shall have noble friends here;**
36. **Others will be negligent; we shall be heedful here;**
37. **Others will have no faith; we shall have faith here;**
38. **Others will be shameless; we shall have a sense of shame here;**
39. **Others will lack conscience; we shall have a conscience here;**
40. **Others will have little knowledge; we shall have great knowledge here;**
41. **Others will be lazy; we shall be energetic here;**
42. **Others will lack mindfulness;
we shall be established in mindfulness here;**
43. **Others will lack wisdom; we shall possess wisdom here;**
44. **Others will adhere to their own views, hold on to them tenaciously, and
relinquish them with difficulty; we shall not adhere to our own views
or hold on to them tenaciously, but shall relinquish them easily.**